



Tenderloin Neighborhood Healthy Shopping Guide 2013 Report

Within the past year, the Tenderloin Healthy Corner Store Coalition’s (TLHCSC) resident Food Justice Leaders and the San Francisco Department of Public Health’s (SFDPH) Feeling Good Project visited over 70 food stores in the Tenderloin. Stores were assessed using the TLHCSC *Healthy Retail Standards* and Communities of Excellence (CX3) tools, and then rated on the types and quality of food sold, product placement, cleanliness and safety, amount & type of advertisements, consumer education, and fair labor. The rating system below is based on a 4 star scale.

Since there is no full service grocery store in the neighborhood, the goal of this shopping guide is to **highlight local food stores that sell healthy everyday groceries WITHIN the Tenderloin**. You will be surprised to see how many great products our neighborhood has to offer! *Please shop and support your Tenderloin neighborhood food stores!*

TLHCSC Store Standard Rating System:

80-100% = 4 stars



60-79.9% = 3 stars



40-59.9% = 2 stars



20-39.9% = 1 star



Less than 20% = no stars



WIC = Women, Infants, and Children Program
EBT = CalFresh (food stamps electronic cards)



California Produce

82.0%



986 Polk Street (cross street Geary)

WIC pending, Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Pasta, Whole Grain Bread, Whole Grain Tortillas, Frozen Fruit/Vegetables, **Fresh Fruit and Vegetables**, **Fresh Meats & Poultry**, No Tobacco or Alcohol Sales



K & S Produce Market

70.0%



905 Larkin Street (cross street Geary)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Bread, Whole Grain Tortillas, **Fresh Fruit and Vegetables**, No Tobacco or Alcohol Sales



City Supermarket

68.6%



669 Geary Street (bet. Jones & Leavenworth)

Accepts EBT, No Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Pasta, Whole Grain Bread, Whole Grain Tortillas, Frozen Fruit/Vegetables, **Fresh Fruit & Vegetables**, **Fresh Meats & Poultry**, **Frozen Fish**



McAllister Market & Deli

68.0%



136 McAllister Street (bet. Leavenworth & Hyde)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Fresh Eggs, Whole Grain Pasta, Whole Grain Bread, Whole Grain Tortillas, **Fresh Fruit and Vegetables**



Amigo's Market

67.4%



500 Ellis Street (corner of Ellis & Leavenworth)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Bread, Whole Grain Tortillas, Frozen Fruit/Vegetables, **Fresh Fruit and Vegetables**



G & H Liquor & Grocery

67.4%



201 Jones Street (corner of Turk & Jones)

Accepts EBT and Credit Cards

Healthy Highlights: Lactose-Free Milk, Fresh Eggs, Whole Grain Pasta, Whole Grain Bread, Whole Grain Tortillas, Frozen Fruit/Vegetables



Bread And Butter Market

67.3%



888 O'Farrell Street (corner of O'Farrell & Polk)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Pasta, Whole Grain Bread, Whole Grain Tortillas, Frozen Fruit/Vegetables, **Fresh Fruit and Vegetables**



Radman's Produce Market

65.3%



203 Turk Street (cross street Jones)

Accepts WIC, EBT and Credit Cards

Healthy Highlights: Lactose-Free Milk, Fresh Eggs, Whole Grain Bread, Whole Grain Tortillas, Frozen Fruit/Vegetables, **Fresh Fruits & Vegetables**



Tsunami Market

65.2%



479 Turk Street (cross street Larkin)

Accepts Credit Cards, No EBT

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Pasta, Whole Grain Bread, 100% Juices, Frozen Fruit/Vegetables



Bel Clift Market

63.8%



516 Geary Street (cross street Taylor)

Accepts EBT and Credit Cards

Healthy Highlights: Lactose-Free Milk, Fresh Eggs, High-Fiber Cereal, Whole Grain Pasta, Whole Grain Bread, Whole Grain Tortillas, Frozen Fruit/Vegetables



Golden Gate Market

63.8%



225 Leavenworth Street (bet. Eddy & Turk)

Accepts WIC, EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Pasta, Whole Grain Bread, Whole Grain Tortillas, 100% Juices, **Fresh Fruit and Vegetables**



Big Boy Market

63.0%



180 Golden Gate Street (cross street Leavenworth)

Accepts WIC, EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Pasta, Whole Grain Tortillas



Mid City Market

61.5%



868 Geary Street (bet. Hyde & Larkin)

Accepts WIC, EBT, and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Bread, Whole Grain Tortillas, **Fresh Fruit and Vegetables**, **Fresh and Frozen Meats & Poultry**, **Fresh and Frozen Fish**



Cool Super Discount Market

56.3%



199 Eddy Street (corner of Eddy & Taylor)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Pasta, Whole Grain Bread, Whole Grain Tortillas, Frozen Fruit/Vegetables



Tip Top Market 56.3% ★ ★ ★ ★
 90 Turk Street (cross street Taylor)
 Accepts EBT and Credit Cards
Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Bread, Whole Grain Tortillas, Frozen Fruit/Vegetables, **Fresh Fruits and Vegetables**, **Fresh and Frozen Meats & Poultry**, **Fresh/Frozen Fish**



Salama Halal Meat 56.0% ★ ★ ★ ★
 604 Geary Street (cross street Jones)
 Accepts EBT and Credit Cards
Healthy Highlights: Fresh Eggs, Whole Grain Tortillas, Frozen Fruit/Vegetables, **Fresh and Frozen Meats & Poultry**, No Tobacco or Alcohol Sales



Daldas 54.2% ★ ★ ★ ★
 200 Eddy Street (corner of Eddy & Taylor)
 Accepts EBT and Credit Cards
Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, High Fiber Cereal, Whole Grain Bread



Maryland Market 54.2% ★ ★ ★ ★
 300 Turk Street (corner of Turk & Leavenworth)
 Accepts WIC, EBT and Credit Cards
Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Low-Sugar Cereal, Whole Grain Bread, Whole Grain Tortillas, Frozen Fruit/Vegetables



Cadillac Market 53.8% ★ ★ ★ ★
 499 Eddy Street (corner of Eddy & Hyde)
 Accepts WIC, EBT and Credit Cards
Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Bread, Whole Grain Tortillas



Battambang Market 53.3% ★ ★ ★ ★
 339 Eddy Street (bet. Jones & Leavenworth)
 Accepts EBT and Credit Cards
Healthy Highlights: Lactose-Free Milk, Fresh Eggs, Frozen Fruit/Vegetables, **Fresh Fruits and Vegetables**, **Frozen Poultry**, **Frozen Fish**, No Tobacco or Alcohol Sales



New Princess Market

53.1%



500 Eddy Street (corner of Eddy & Hyde)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Bread, Whole Grain Tortillas, **Fresh Fruits and Vegetables**



Woerner's Liquor

52.0%



901 Geary Blvd (corner of Geary & Larkin)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Bread, Whole Grain Tortillas, **Fresh Fruits and Vegetables**



Gladstone Market

51.0%



678 Eddy Street (bet. Larkin & Polk)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Fresh Eggs, Whole Grain Bread, Whole Grain Tortillas



Green Valley

50.0%



491 Ellis Street (cross street Leavenworth)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Fresh Eggs, High-Fiber Cereal, Whole Grain Tortillas, Frozen Fruit/Vegetables, **Fresh Fruit and Vegetables**, **Fresh/Frozen Meats & Poultry**, No Tobacco or Alcohol Sales



Serve Well Market

49.0%



595 Ellis Street (corner of Ellis & Hyde)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Fresh Eggs, Whole Grain Bread, Whole Grain Tortillas



T & L Food Market

49.0%



405 Eddy Street (cross street Leavenworth)

Accepts EBT, No Credit Cards

Healthy Highlights: Lactose-Free Milk, Fresh Eggs, Frozen Fruit/Vegetables, **Fresh Fruit and Vegetables**, **Fresh Meats & Poultry**, **Fresh & Frozen Fish**



El Dorado Market 48.0%
 124 Jones Street (between Turk & Golden Gate)
 Accepts Credit Cards, No EBT
Healthy Highlights: Fresh Eggs, Whole Grain Tortillas



Hiep Thanh Market 48.0%
 724 Larkin Street (between O'Farrell & Ellis)
 Accepts Credit Cards, No EBT
Healthy Highlights: Fresh Eggs, Frozen Fruit/Vegetables, **Fresh Fruit and Vegetables**, **Fresh Meats & Poultry**, **Fresh and Frozen Fish**



Central Towers Market 47.9%
 352 Turk Street (bet. Leavenworth & Hyde)
 Accepts EBT and Credit Cards
Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Pasta, Whole Grain Bread, Frozen Fruit/Vegetables, **Frozen Meats**



Geary & Hyde Market 47.9%
 798 Geary Street (corner of Geary & Hyde)
 Accepts WIC, EBT and Credit Cards
Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Tortillas



Crown Market & Liquor 46.8%
 712 Geary Blvd (cross street Leavenworth)
 Accepts EBT and Credit Cards
Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Low-Sugar Cereal, Whole Grain Tortillas



J & E Deli 46.2%
 757 Larkin Street (cross street O'Farrell)
 Accepts EBT and Credit Cards
Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Bread, Whole Grain Tortillas





Mota Bazaar

46.2%



233 Ellis Street (between Mason & Taylor)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Fresh Eggs, Whole Grain Pasta, Whole Grain Bread, Whole Grain Tortillas



Hyde & Turk Market

46.0%



161 Hyde Street (corner of Turk & Hyde)

Accepts EBT

Healthy Highlights: Low-Fat Milk, High-Fiber Cereal, Whole Grain Bread, Whole Grain Tortillas



Downtown Grocery

45.7%



289 Eddy Street (cross street Jones)

Accepts EBT and Credit Cards

Healthy Highlights: Fresh Eggs



Young Ellis

43.8%



398 Ellis Street (corner of Ellis & Jones)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Low-Sugar Cereal, High-Fiber Cereal, Whole Grain Bread, Whole Grain Tortillas



Barah's Market

42.6%



200 Leavenworth (corner of Turk & Leavenworth)

Accepts EBT and Credit Cards

Healthy Highlights: Fresh Eggs, Whole Grain Bread



Tenderloin Liquor & Grocery

42.2%



62 Turk Street (bet. Mason & Taylor)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Whole Grain Bread



Empire Market

42.0%



399 Eddy Street (corner of Eddy & Leavenworth)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Fresh Eggs, High-Fiber Cereal, Whole Grain Tortillas



California Grocery

41.2%



123 Eddy Street (bet. Mason & Taylor)

Accepts EBT and Credit Cards

Healthy Highlights: Lactose-Free Milk, Fresh Eggs, Low-Sugar Cereal, Whole Grain Tortillas



Tuong Phong Market

41.2%



628 Ellis Street (bet. Hyde & Larkin)

No EBT

Healthy Highlights: Lactose-Free Milk, Fresh Eggs, **Fresh Fruit and Vegetables**, **Fresh Meats & Poultry**, **Fresh Fish**, No Tobacco or Alcohol Sales



O'Farrell Liquors

40.8%



405 O'Farrell Street (corner of O'Farrell & Taylor)

Accepts Credit Cards, No EBT

Healthy Highlights: Lactose-Free Milk



Salem Market

40.8%



920 Geary Street (cross street Larkin)

Accepts EBT and Credit Cards

Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Whole Grain Pasta, Whole Grain Tortillas



Mirex

40.0%



784 O'Farrell Street (cross street Larkin)

No EBT or Credit Cards

Healthy Highlights: Fresh Eggs, Whole Grain Tortillas



Lucky One Mini Market 39.6%
 1010 Market Street (cross street Taylor/6th Street)
 Accepts Credit Cards, No EBT
Healthy Highlights: No Tobacco or Alcohol Sales



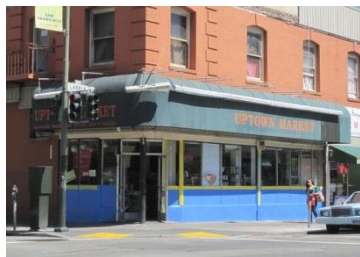
Superette Market 39.6%
 128 Eddy Street (between Mason & Taylor)
 Accepts EBT and Credit Cards
Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, Fresh Eggs, Whole Grain Tortillas, 100% Juices



C-Store 38.8%
 485 O'Farrell (cross street Jones)
 Accepts EBT and Credit Cards
Healthy Highlights: Low-Fat Milk, Lactose-Free Milk, 100% Juices



Paradise Coffee & Donuts 37.8%
 453 O'Farrell (bet. Taylor & Jones)
 Accepts EBT, No Credit Cards
Healthy Highlights: Fresh Eggs, Low-Sugar Cereal



Uptown Market 35.74%
 687 Ellis (corner of Ellis & Larkin)
 No EBT or Credit Cards
Healthy Highlights: Low-Fat Milk, Fresh Eggs



Fred's Liquor 34.7%
 300 Mason Street (corner of O'Farrell & Mason)
 Accepts Credit Cards, No EBT
Healthy Highlights:





Mason Street Deli & Market 34.7%
 39 Mason Street (bet. Eddy & Turk)
 Accepts EBT, No Credit Cards
Healthy Highlights: Whole Grain Tortillas

34.7%



Dollars & Cents 30.4%
 345 Eddy Street (bet. Jones & Leavenworth)
 No EBT or Credit Cards
Healthy Highlights: Lactose-Free Milk

30.4%



TL Tobacco & Market 27.1%
 301 Turk Street (corner of Turk & Leavenworth)
 No EBT or Credit Cards
Healthy Highlights: Fresh Eggs

27.1%



Metro Market 26.5%
 236 Leavenworth Street (bet. Eddy & Turk)
 No EBT
Healthy Highlights: High-Fiber Cereal, Whole Grain Bread

26.5%



Red Sea Grocery Store 25.6%
 483 Ellis Street (cross street Leavenworth)
 Accepts Credit Cards, No EBT
Healthy Highlights:

25.6%



Simone Mini Mart 25.5%
 708 Polk Street (bet. Ellis & Eddy)
 Accepts EBT
Healthy Highlights: High-Fiber Cereal

25.5%



Unrated Stores (Declined to Participate):

ALMA'S CIGARETTES
808 LARKIN STREET

IMPERIAL SQUARE LIQUORS
251 ELLIS STREET

DEENA'S MARKET
600 O'FARRELL

ECONO MARKET
593 O'FARRELL STREET

INTERNATIONAL HOUSE OF WINE
395 GEARY STREET

FOX LIQUOR & DELI
570 LARKIN STREET

HYDE & O'FARRELL MARKET
701 O'FARRELL STREET

KING MARKET
94 TURK STREET

QUICK STOP
1072 MARKET STREET

RIGHT WAY MARKET & DELI
596 O'FARRELL STREET

STAR MARKET & DELI
689 GEARY STREET

STARLIGHT MARKET
402 ELLIS STREET

T & MW MARKET
785 O'FARRELL STREET

X-PRESS MARKET
498 O'FARRELL

Tenderloin Healthy Corner Store Coalition (TLHCSC):

Coalition meetings take place EVERY 4th Thursday at Kelly Cullen Community, (either 2nd Floor Auditorium or 5th Floor Gym) from 3:00-4:00pm. All are welcome!



Thank you to the **Food Justice Leaders**, the Tenderloin community residents who conducted the TLHCSC *Healthy Retail Standards* assessments in Spring 2013! For more information about the assessments or the Tenderloin Healthy Corner Store Coalition, please contact Jessica Estrada at jessica@vydc.org or Ryan Thayer at rthayer@tndc.org.

CX3 Assessments done by the Feeling Good Project, SF Department of Public Health. Funded by USDA SNAP-Ed, an equal opportunity provider and employer. For CalFresh information, call 1-877-847-3663 and in San Francisco 415-558-1001. Visit www.CaChampionsForChange.net for healthy tips. California Department of Public Health.

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