



Project Open Hand



SAN FRANCISCO HUMAN SERVICES AGENCY  
Department of Disability  
and Aging Services

## DAS-OCP INITIAL AND ANNUAL CONSUMER INTAKE FORM

The information that you provide will be entered into SF DAS GetCare, an online database.

Your information will not be sold and will only be used for service coordination and reporting purposes. You have the right to decline the requested information on this intake form. If you prefer to be enrolled anonymously, please inform a staff member.

### **Nutrition – Congregate Meal Program**

Intake Date: \_\_\_\_\_ Agency/Meal Site: \_\_\_\_\_

Form completed by:  Agency Representative  Consumer

#### **For Office Use Only:**

SF DAS GetCare ID: \_\_\_\_\_ Agency Internal ID: \_\_\_\_\_ Gold Card ID: \_\_\_\_\_  
(if applicable) (if issued)

#### **Identification**

1. \*Name \_\_\_\_\_  
Last Name First Name Middle Initial

\_\_\_\_\_ AKA Last Name AKA First Name

2. \*Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ 3. SSN (not required): \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Month Day Year

4. \*If <60 Years Old Reason for Service:  Adult with Disabilities  Disabled and Lives with Client  
 Disabled and Lives in Elder Housing  Spouse or Domestic Partner of Client  
 N/A (Client Age 60+)

5. Address Type:  Home  Office  Other  Alternative Home  Mailing  Main  Temporary

\*Address: \_\_\_\_\_

\*City: \_\_\_\_\_ \*State: \_\_\_\_\_ \*Zip Code \_\_\_\_\_

6. a. Phone 1: \_\_\_\_\_  
 Home  Cell/Mobile  Alternate Home  Other \_\_\_\_\_

b. Phone 2: \_\_\_\_\_  
 Home  Cell/Mobile  Alternate Home  Other \_\_\_\_\_

7. Email: \_\_\_\_\_  Personal  Other \_\_\_\_\_

8. Requires Assistance in an emergency:  Yes  No 9. Homeless?  Yes  No

## **Demographics**

10. \*What is your gender? (Check one that best describes your current gender identity)

- Male  Female  Trans Female to Male  Trans Male to Female  
 Genderqueer/Gender Non-binary  Not listed, please specify: \_\_\_\_\_  
 Decline to State

11. \*How do you describe your sexual orientation? (Check one that best describes your sexual orientation)

- Straight/Heterosexual  Bisexual  Gay/Lesbian/Same-Gender Loving  
 Questioning/Unsure  Not listed, please specify \_\_\_\_\_  Decline to State

12. \*Race: (You can mark more than one)

- |   |                                    |  |   |
|---|------------------------------------|--|---|
| <input type="checkbox"/> American Indian or Alaska Native | <input type="checkbox"/> Chinese   | <input type="checkbox"/> Korean                  | <input type="checkbox"/> Samoan             |
| <input type="checkbox"/> Asian-Indian                     | <input type="checkbox"/> Filipino  | <input type="checkbox"/> Laotian                 | <input type="checkbox"/> Vietnamese         |
| <input type="checkbox"/> Black or African American        | <input type="checkbox"/> Guamanian | <input type="checkbox"/> Latino/Latina           | <input type="checkbox"/> White              |
| <input type="checkbox"/> Cambodian                        | <input type="checkbox"/> Hawaiian  | <input type="checkbox"/> Other- Asian            | <input type="checkbox"/> Decline to State   |
|   | <input type="checkbox"/> Japanese  | <input type="checkbox"/> Other- Pacific Islander | <input type="checkbox"/> Other – Not Listed |

13. \*Ethnicity:

- Hispanic/Latino  Non-Hispanic/Latino  Decline to State

14. \*Living Arrangement:

- Lives Alone  Does Not Live Alone  Decline to State

15. \*Lives in Urban/Rural environment:

- Urban  Rural  Decline to State

16. \*Income Information measured in Federal Poverty Level (FPL):

- At or below 100% FPL  Above 100% to at or below 185% FPL  
 Above 185% to at or below 200% FPL  Above 200% to at or below 300% FPL  
 Above 300% FPL  Decline to State

Approximate Monthly Household Income: \$ \_\_\_\_\_

17. \*Primary (Main) Language: \_\_\_\_\_

18. English Fluency:  Fluent  Limited  Needs Translation  Decline to State

19a. \*Have you ever served in the United States military?  No  Yes  Decline to state

19b. \*Are you a spouse, legal partner, parent, or child of a person who is serving in or who has served in the United States military?  No  Yes  Decline to state

19c. If yes to question 19a or 19b, please check Yes or No to “I consent to this agency and the California Department of Aging transmitting my name, email address, mailing address, and mobile telephone number to the Department of Veterans Affairs only for the purpose of receiving additional information on veterans benefits for which I may be eligible. I understand that this consent is valid for 12 months.”  Yes  No

Contact the California Department of Veterans Affairs (CalVet) to determine eligibility for services and supports at [www.calvet.ca.gov](http://www.calvet.ca.gov) or 1-800-952-5626.

### **Other Characteristics**

20. Supervisory District: (1st – 11th)\_\_\_\_\_ (SF supervisory district lookup on SF DAS GetCare)

21. Receives Social Security:  None  Retirement  Disability

22. \*Receives SSI:  Yes  No

23. \*Medicaid/Medi-Cal:  Yes  Eligible  No  Decline  Unknown

### **Contacts:**

24. **Contact No. 1** (please indicate type):  Individual  Organization

Name: \_\_\_\_\_  
Last Name First Name Middle Name/Initial

a. Communication Restrictions?  No  Yes, check type:  
 Medical Information  Financial Information  
 Medications  Home Care Services  Other  
 Additional restriction information: \_\_\_\_\_  
 All the Above

b. Type of Contact (select only one)  Emergency  Personal  Other: \_\_\_\_\_

c. Primary Language: \_\_\_\_\_ d. Relationship: \_\_\_\_\_

e. Address Type:  Home  Office  Other  Alternative Home  Mailing  Main  Temporary

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_  Home  Work  Cell  Other: \_\_\_\_\_

Email Address: \_\_\_\_\_  Personal  Office  Other: \_\_\_\_\_

25. **Contact No. 2** (please indicate type):  Individual  Organization

Name: \_\_\_\_\_  
Last Name First Name Middle Name/Initial

- a. Communication Restrictions?  No  Yes, check type:  
 Medical Information  Financial Information  
 Medications  Home Care Services  Other  
 Additional restrictions information: \_\_\_\_\_  
 All the Above

b. Type of Contact (select only one):  Emergency  Personal  Other: \_\_\_\_\_

c. Primary Language: \_\_\_\_\_ d. Relationship: \_\_\_\_\_

e. Address Type:  Home  Office  Other  Alternative Home  Mailing  Main  Temporary

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_  Home  Work  Cell  Other: \_\_\_\_\_

Email Address: \_\_\_\_\_  Personal  Office  Other: \_\_\_\_\_

**The warning signs of poor nutritional health are often overlooked. Use this Checklist to find out if you or someone you know is at nutritional risk.**

**\*DETERMINE  
Your Nutritional  
Health**

Read the questions below. Circle the number in the “yes” column for those that apply to you. For each “yes” answer, score the number in the box. Total your nutrition score.

<b>Client Name</b> _____ <b>GetCare ID</b> _____ <b>Date Completed:</b> ____/____/____	<b>Yes</b>	<b>No</b>	<b>Decline to State</b>
1. *I have an illness or condition that made me change the kind and/or amount of food I eat.	<b>2</b>	<b>0</b>	<b>0</b>
2. *I eat fewer than 2 meals per day.	<b>3</b>	<b>0</b>	<b>0</b>
3. *I eat few fruits or vegetables or milk products. <i>“Few” means less than 5 servings of fruits/vegetables or less than 2 servings of milk/dairy products.</i>	<b>2</b>	<b>0</b>	<b>0</b>
4. *I have 3 or more drinks of beer, liquor or wine almost every day.	<b>2</b>	<b>0</b>	<b>0</b>
5. *I have tooth or mouth problems that make it hard for me to eat.	<b>2</b>	<b>0</b>	<b>0</b>
6. *I don’t always have enough money to buy the food I need.	<b>4</b>	<b>0</b>	<b>0</b>
7. *I eat alone most of the time.	<b>1</b>	<b>0</b>	<b>0</b>
8. *I take 3 or more different prescribed or over-the-counter drugs a day.	<b>1</b>	<b>0</b>	<b>0</b>
9. *Without wanting to, I have lost or gained 10 pounds in the last 6 months.	<b>2</b>	<b>0</b>	<b>0</b>
10. *I am not always physically able to shop, cook and/or feed myself.	<b>2</b>	<b>0</b>	<b>0</b>
<b>Total Your Nutrition Score</b>			

**If your total nutritional score is:**

0-2	<b>Good!</b> Recheck your nutritional score in 6 to 12 months
3-5	<b>You are at moderate nutritional risk.</b> See what can be done to improve your eating habits and lifestyle. Your DAS nutrition program, community/senior center or health department can help. Recheck your nutritional score in 6 months.
6 or more	<b>You are at high nutritional risk.</b> Bring this checklist the next time you see your doctor, dietitian or other qualified health or social service professional. Talk with them about any problems you may have and ask for help on how to improve your nutritional health.

**\*Food Security and Food Program Utilization**

**Date Completed:** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
**Month      Date      Year**

Please read the statements below and check the box appropriate for you/your household.

1. \*"We worried whether our food would run out before we got money to buy more." Was that often true, sometimes true, or never true for your household in the last 12 months:  
 Often True       Sometimes True       Never true       Decline to State
  
2. \*"The food that we bought just didn't last and we didn't have money to get more." Was that often true, sometimes true, or never true for your household in the last 12 months:  
 Often True       Sometimes True       Never true       Decline to State
  
3. In the last 12 months, have you participated in CalFresh (also known as SNAP/Food Stamps/EBT)?  
 Yes       No       Decline to State